



BURY **B** Active!

Office: 01268 542365
info@buryactive.co.uk
www.buryactive.co.uk

2023 B Active Holiday Brochure!

Our 2022 brochure received a lot of love for being so helpful and doubling up as a calendar, so we decided to stick to the same theme this year. Have fun circling the holidays you would like to experience with B Active in 2023 then hang this up and look forward to counting down the days to your holiday!



Welcome to our Bury Active (formerly Breakaway Active) Holiday Brochure 2023!

It's safe to say 2022 just flew by!

Last year we welcomed some new faces to our team and they have thoroughly enjoyed getting to know you all, making memories alongside Kevin, Annika and Stacy. We are all excited to see you again - take a look inside to revisit some of our most popular destinations you all know and love. We have also had fun adding some new, exciting destinations and experiences.

We have tried our best to keep prices reasonable in this market and we do hope you will continue to understand and support us through these ever changing times. As always, we love to hear from you, so do get in touch with us once you have had a read through.

We are looking forward to seeing everyone again in 2023! Here is to another year of holidaying with you!

Annika Stacy x

This year, we move into our 19th year of trading – where has the time gone? We want to give you an insight into our growing success and why you should choose a holiday with B Active.

Our founder is Kevin Bury. Prior to providing "Active" holidays, between 1974 & 2004 Kevin worked in Social Care, gaining professional qualifications along the way. With over 45 years' experience under his belt, it's safe to say you're holidaying with one of the best in the business. That vast experience has since been shared with his daughter Annika. Combined with her 20 years of experience working with adults and children with learning difficulties, it made great sense for Annika to work alongside Kevin and become a permanent part of B Active in 2020 along with her friend Stacy.

Annika and Stacy have bought a wealth of knowledge and experience to B Active since, and continue to practise the high standards we are known for throughout the industry.

"inventive and fresh varieties of activities"

"Active" believes in providing safe, fun, affordable holidays to adults with learning disabilities. We never compromise on an individual's independence. We pride ourselves on getting to know each holiday maker personally. We understand their idea

of a holiday and we always try to come up with inventive and fresh varieties of activities to do to please the group. We shy away from seeing ourselves only as support – we are entertainers, friends, and family to our holidaymakers when they holiday with us. But of course, you will be well supported with fully committed, responsible members of staff.

"new friends, wonderful memories"

Our holidaymakers leave our trips having made new friends, wonderful memories, and a plan on rebooking their next one!

Our team are energetic, young, hardworking – rarely is there a holiday that goes by where a stranger doesn't approach us to comment on how much fun our group have bought to their family holiday. This fills us with immense gratitude for the work we do and having the opportunity to holiday with all our wonderful guests! It also speaks volumes about our teams ethics.

We still come across new challenges and are not afraid to say we are still learning. All members of B Active team continue to develop new skills on a daily basis. Long may it continue!

As a sentimental touch and by way of thanking you all, at the end of each trip we send a selection of photos and a brief write up of all the things you got up to.

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If you would like any further information whatsoever about us, our company, or the holidays we offer you may find it on our website www.buryactive.co.uk or please do not hesitate to call if you prefer. We are always happy to offer advice on suitability.

B Active also have a Facebook page wherein we share lots of fun activities we get up to on holiday. Our social is listed on the back page of this brochure.

Our office number is 01268 542265 where you can reach us directly. If you would rather email please catch us on info@buryactive.co.uk

Our postal address is: 48 Worthing Road, Laindon, Basildon SS15 6AJ.

Huge thank you to every one of you for continuing to support us. 2022 was a resounding success and we couldn't have done it without you. We can't wait to see you in 2023.

Kevin
 Annika Stacy



TODO LIST

- Pick a holiday
- Send a booking form
- Pack your bags!

January

1	WE'RE BUSY BOOKING UP 2023	Su
2		Mo
3		Tu
4		We
5		Th
6		Fr
7		Sa
8		Su
9		Mo
10		Tu
11		We
12		Th
13		Fr
14		Sa
15		Su
16		Mo
17		Tu
18		We
19		Th
20		Fr
21		Sa
22		Su
23		Mo
24		Tu
25		We
26		Th
27		Fr
28		Sa
29		Su
30		Mo
31		Tu

YOUR HOLIDAY YOUR WAY

Many people have their own ideas on where they they would like to travel to! How about horse-riding in Arizona, a bear experience in Canada or a narrow boat holiday in the UK? The choice is endless. Active is very flexible and would love to try and put something together for you.

You can contact us by email: info@buryactive.co.uk or call our office number 01268 542365

We will always do our best to try and arrange your 'dream holiday'. You never know, others might also be hoping to experience the same trip!!!

Look forward to hearing from you.



February



KARTING & DRIVING / POTTERS

13th - 17th February

We are kicking off 2023 at Potters newest resort - 5 Lakes, here in our very own, Essex! We have partnered up with a local driving school to give you an all new, fantastic driving experience.

In addition, we get to test drive Potters brand new resort (excuse the pun!) which means utilising all of their activities, quizzes, food and entertainment.

£1,300

LET THE GAMES BEGIN!

27th February - 3rd March

Who loves a week of games and activities with friends? Get your game face on and prepare to win some awards! We have competitions across a range of activities including pool, snooker, darts, bowling and golf. We even pack in swimming and some dancing where possible!

We love kickstarting our year off in Bournemouth too - do join us for this jam packed week that starts the year off as we mean to go on - fun!

£1,150

NEW



1	We
2	Th
3	Fr
4	Sa
5	Su
6	Mo
7	Tu
8	We
9	Th
10	Fr
11	Sa
12	Su

13	KARTING & DRIVING / POTTERS	Mo
14	FULL BOARD	Tu
15	A0241	We
16		Th
17		Fr

18	Sa
19	Su
20	Mo
21	Tu
22	We
23	Th
24	Fr
25	Sa
26	Su

27	LET THE GAMES BEGIN!	Mo
28	HALF BOARD	Tu
	A0242	

Neighbours

LIMITED SPACES

NEIGHBOURS FAREWELL TOUR

3rd - 6th March

We're not embarrassed to admit we have some Neighbours fans amongst B Active staff (Annika, not Kevin!). Come and join us on the SOLD OUT opening of their Farewell tour in Newcastle. We're doing this one in style so prices include first class train travel, half-board room and dining as well as venue tickets to see the show on March 5th at Newcastle's O2. We're really excited for this one and suspect it will book super quick!

£895

DRAMA WORKSHOP

15th - 19th March

It's that time of year again - we're off to Bournemouth! Let's bring your imagination to life. Come join us with props and costumes and be a part of putting together a performance for parents/friends to come and enjoy at the end of the week!

We really enjoyed last year's performance packed with dancing, audience participation, I'm a Celebrity and Masked Singer - we have a lot to live up to with 2023 performance...no pressure!

We also find time outside of rehearsals to enjoy the beach, Bournemouth nightlife and surrounding areas.

£1,150

VERY POPULAR



1	See February for Let the games begin	We
2		Th
3	NEIGHBOURS FAREWELL TOUR	Fr
4	HALF BOARD	Sa
5	A0243	Su
6		Mo

7		Tu
8		We
9		Th
10		Fr
11		Sa
12		Su
13		Mo
14		Tu

15	DRAMA WORKSHOP	We
16	HALF BOARD	Th
17	A0244	Fr
18		Sa
19		Su

20		Mo
21		Tu
22		We
23		Th

24	POTTERS SPRING WEEKEND	Fr
25	FULL BOARD	Sa
26	A0245	Su

27		Mo
28		Tu
29		We
30		Th
31		Fr



POTTERS SPRING WEEKEND

24th - 26th March

This is a fantastic "mini" trip for anyone wanting to try out a B Active getaway. We of course welcome back all of our Potters die-hard fans too. It's no wonder it's always so popular. Get ready for some brilliant activities including archery, karting, bowling and rifle shooting. We also get to play along with music quizzes and bingo before we put our dancing shoes on and enjoy the fantastic evening entertainment that Potters resorts are renowned for.

£745

April



PORT LYMPNE SAFARI

11th - 13th April

Back by popular demand, B Active are going on Safari!

Sleeping in luxury glamping accommodation that overlooks natural wildlife habitats, wonderful treks, roasting marshmallows on an open fire, jeep safari and various restaurants for our evening meal is how we like to Safari at B Active!

£755



1	Sa
2	Su
3	Mo
4	Tu
5	We
6	Th
7	Fr
8	Sa
9	Su
10	Mo
11	PORT LYMPNE SAFARI Tu
12	HALF BOARD We
13	A0246 Th
14	Fr
15	Sa
16	Su
17	Mo
18	Tu
19	We
20	Th
21	Fr
22	Sa
23	Su
24	Mo
25	Tu
26	We
27	Th
28	Fr
29	Sa
30	Su



May

COSTA DEL SOL

3rd - 10th May

We love a trip to Spain - it holds some of our best memories with you all and is such a fantastic holiday for newcomers wanting to experience their first international vacation.

Days spent around the pool, at the beach, on an excursion to nearby mountain villages, Marbella shopping, Spanish markets and the best of Spanish food and dancing is how we like to experience Costa Del Sol. We know Marbella well and we look forward to taking you on a journey there annually!

£1,495

1	Mo
2	Tu
3	COSTA DEL SOL We
4	HALF BOARD Th
5	A0247 Fr
6	Sa
7	Su
8	Mo
9	Tu
10	We
11	Th
12	Fr
13	Sa
14	Su
15	Mo
16	Tu
17	We
18	Th
19	Fr
20	Sa
21	Su
22	Mo
23	Tu
24	We
25	Th
26	Fr
27	Sa
28	Su
29	STUBBERS Mo
30	HALF BOARD Tu
31	A0248 We

STUBBERS

29th May - 2nd June

If you need action packed adventure, Stubbers is the holiday for you. We take part in 3-4 activities per day that can include axe-throwing, rifle shooting, raft building, laser tag, paddle boarding and more. We even learn about the skills needed to survive in the wilderness!

Let's remember we are on holiday so there is always time to chill out and get to know your fellow holiday makers around camp fires and games.

£975



June

See May for Stubbers Th

1 Fr

2 Sa

3 Su

4 Mo

5 Tu

6 We

7 Th

8 Fr

9 Sa

10 Su

11 Mo

12 Tu

13 We

14 Th

15 Fr

16 Sa

17 Su

18 Mo

19 Tu

20 We

21 Th

22 Fr

23 Sa

24 Su

25 Mo

26 Tu

27 We

28 Th

29 Fr

30 Sa

31 Su

See August for Isle of Wight Mo

VERY POPULAR

WARNERS GUNTON HALL

19th - 26th June

Our first Warners trip of the year. What is not to love? Warners offer the best in UK accommodation, entertainment, food, facilities and activities. It's been a while since we visited Gunton Hall Costal Village. Set in Suffolk, along with maximising Warners facilities including the spa, swimming pool, games and activities, we get the chance to explore nearby beaches and enjoy forest landscapes.



£1,495

PRICE HELD

GIRLS LUXURY WEEKEND

29th June - 2nd July

Lads, this is a ladies only weekend #sorrynotsorry! Girls, get ready for a swim, face masks, massages, haircuts and styles, nail painting, glitter tattoos and bubbles! We have sourced a new location for this year too, so we're looking forward to exploring the surrounding pubs and woodlands! This is not to be missed.

£750



SUMMER BUTLINS

3rd - 7th July

Guys, it's time for Butlins! We do love a trip to either Bognor or Skegness and we get to pack a lot into these 5 days. Think live entertainment, games, mini golf, bowling, snooker, arcades, funfairs, seashores, swimming and more. This is the best of British summertime holidays. We will be travelling by private mini bus and staying in Chalets/Apartments.

£995

VERY POPULAR



July

See June for Girls Luxury Weekend Sa

1 Su

2 Mo

3 Tu

4 We

5 Th

6 Fr

7 Sa

8 Su

9 Mo

10 Tu

11 We

12 Th

13 Fr

14 Sa

15 Su

16 Mo

17 Tu

18 We

19 Th

20 Fr

21 Sa

22 Su

23 Mo

24 Tu

25 We

26 Th

27 Fr

28 Sa

29 Su

30 Mo

31 See August for Isle of Wight Mo

COSTA DEL SOL

11th - 18th July

Spain continues to be our most popular destination.

It can offer many different experiences, days on the beach with either 'active' water sports or a relaxing massage. Exciting boat rides or a quiet excursion to a mountain village. Marbella shops, a local Spanish market, or a marine park experience. The group decides upon arrival! A summer holiday at its best!

Travel by plane to Malaga then in our privately hired mini-bus.

£1,495



PONY TREKKING

24th - 28th July

Our ever popular break for horse riding in Suffolk. Staying in mobile homes between Great Yarmouth and lovely Gorleston beach, we will head to Pakefield Riding Stables, an RDA approved establishment and one of the few remaining stables that offer a ride to the beach (the highlight of the week!).

Earlier in the week there is a school lesson for assessment and getting to know the staff, ponies and horses and on a separate day a ride to the woods.

Sometimes we are also able to arrange a "stable management" experience as an optional extra for those that are interested.

£975



PRICE HELD

August

1	ISLE OF WIGHT Tu
2	HALF BOARD We
3	A0254 Th
4	Fr
5	Sa
6	Su
7	Mo
8	Tu
9	We
10	Th
11	Fr
12	Sa
13	Su
14	Mo
15	Tu
16	We
17	Th
18	Fr
19	Sa
20	Su
21	Mo
22	Tu
23	We
24	Th
25	Fr
26	Sa
27	Su
28	Mo
29	Tu
30	We
31	See September for New Forest Th

VERY POPULAR

ISLE OF WIGHT

31st July - 7th August

This Warners property in Bembridge is probably one of our most requested holidays. We take our private buses on a ferry ride over to the Isle of Wight. We are looking forward to being reunited with beautiful beach visits and seaside promenades as well as enjoying all the facilities that Warners have to offer, particularly their evening entertainment!

£1,395



September

1	NEW FOREST Fr
2	HALF BOARD Sa
3	A0255 Su
4	Mo
5	Tu
6	We
7	Th
8	Fr
9	Sa
10	IBIZA Su
11	HALF BOARD Mo
12	A0256 Tu
13	We
14	Th
15	Fr
16	Sa
17	Su
18	Mo
19	Tu
20	COSTA DEL SOL We
21	HALF BOARD Th
22	A0257 Fr
23	Sa
24	Su
25	Mo
26	Tu
27	We
28	Th
29	See October for Potters Fr
30	Sa

NEW

NEW FOREST

31st August - 7th September

This is not somewhere to be neiggghed at!! Meeting wild horses on a walk to the local pub to enjoy great food and drinks with friends - what more could you want from a New Forest holiday?? We have a fantastic private house close to some idyllic villages and beautiful landscapes and beaches. We can't wait to take in all the views and scenic walks with you!

£1,350



IBIZA

9th - 16th September

This is a B Active first so let's explore this island together. We will be visiting the islands most loved beaches, checking out the night life and ticking off all their "sundowner cocktail party" hotspots. Aside from its world class beaches, Ibiza is known for its picturesque landscapes and hidden quiet villages. This is a relax by day, chilled Ibiza vibe holiday with a few late nights to be expected. Come and let your hair down, sit back and relax with us on this spectacular island!

£1,550



NEW

COSTA DEL SOL

20th - 27th September

Wrapping up our Costa Del Sol fix for 2023, we're back to Spain to revisit Marbella and have fun in the sun, poolside. We will also be visiting local beaches, restaurants and markets. B Active know Marbella well and we're excited to show you around and revisit some of the areas most loved entertainment.

Travel to Malaga by plane with onward transportation in a privately hired minibus for maximum convenience.

£1,495



October



POTTERS

29th Sept - 6th October

Another chance this year to enjoy all that Potters has to offer. Beach side location, Hopton on Sea, Norfolk. Food is amazing - up to 4 meals a day!

You will stay in excellent accommodation with 5* entertainment every night. Indoor heated swimming pool, bowling alley, archery, shooting gallery, sports hall, spa (optional extra) and much, much more.

We will travel by private mini-bus.

£1,450

VERY POPULAR

BUTLINS 5 DAY BREAK

23rd - 27th October

Butlins, Butlins, Butlins all the way! Based either at Skegness or Bognor Regis, staying in luxury chalets or apartments with days full of fun.

There are lots of new activities on offer, including theatre, swimming, eating venues and live shows, archery, go-karts and bowling, to name but a few.

We will travel there in our own private minibus.

£995



1	POTTERS	Su
2	FULL BOARD	Mo
3	A0258	Tu
4		We
5		Th
6		Fr
7		Sa
8		Su
9		Mo
10		Tu
11		We
12		Th
13		Fr
14		Sa
15		Su
16		Mo
17		Tu
18		We
19		Th
20		Fr
21		Sa
22		Su
23	BUTLINS 5 DAY BREAK	Mo
24	HALF BOARD	Tu
25	A0259	We
26		Th
27		Fr
28		Sa
29		Su
30		Mo
31		Tu

November



TENERIFE

2nd - 9th November

Us Brits love ourselves some "winter sun". Every year we Island hop to one of the Canaries. Last year was Lanzarote and it was a blast but this year we're happy to be going back to Tenerife! It's been a while since we have been charmed by its volcanic sandy beaches, pool side fun, good food, great nightlife and bustling markets.

Travelling from London Gatwick with onward transport by private minibus.

£1,495

1		We
2	TENERIFE	Th
3	HALF BOARD	Fr
4	A0260	Sa
5		Su
6		Mo
7		Tu
8		We
9		Th
10		Fr
11		Sa
12		Su
13		Mo
14		Tu
15		We
16		Th
17		Fr
18		Sa
19		Su
20		Mo
21		Tu
22		We
23		Th
24		Fr
25		Sa
26		Su
27		Mo
28		Tu
29		We
30		Th



GERMAN CHRISTMAS MARKETS

1st - 4th December

We're following the magic of Christmas to Berlin for their annual Christmas Markets. Bring on the Bratwurst, Potato Frittas, Cheese, Marzipan and Crepes washed down with German beer and mulled wine! We can't wait to shop everything Christmas and enjoy the lead up to the festivities.

£975

NEW

December

1	Fr
2	Sa
3	Su
4	Mo
5	Tu
6	We
7	Th
8	Fr
9	Sa
10	Su
11	Mo
12	Tu
13	We
14	Th
15	Fr
16	Sa
17	Su
18	Mo
19	Tu
20	We
21	Th
22	Fr
23	Sa
24	Su
25	Mo
26	Tu
27	We
28	Th
29	Fr
30	Sa
31	Su
1 Jan	Mo
2	Tu

GERMAN CHRISTMAS MARKETS

HALF BOARD

A0261

NEW YEAR

HALF BOARD

A0262

NEW YEAR

30th December - 2nd January

Come and see out the year in a luxury house where we will be putting together a big New Years Eve party. We put a personal touch onto this holiday and we encourage everyone to play their own music, eat and drink lots and reminisce about the year just gone. It's super social and fun, lots of games and laughter - a real family feel. After the party we continue the celebrations with a New Years Day Pub Lunch! Let's see out 2023 the way we started it - together!

£1,050



PLEASE ENSURE THAT YOU READ ALL THE INFORMATION PROVIDED AND CONTACT US IF YOU HAVE ANY QUESTIONS. PAYMENT OF YOUR HOLIDAY DEPOSIT CONFIRMS YOUR WHOLE AGREEMENT TO AND ACCEPTANCE OF ALL THE TERMS AND CONDITIONS SET OUT BELOW INCLUDING ALL ADDITIONAL CHARGES AND COSTS WHICH MAY BE INCURRED.

1. BOOKING Enquiries are welcome by phone but bookings can only be secured on receipt within 7 days of a completed booking form and a non-refundable deposit of £100 per person, per break. You must complete the form fully and disclose all special requirements. Your booking must be accompanied by details of your personal travel insurance. All cheques must be made payable to Bury Active. If your holiday starts within 60 days of booking the full cost is payable with your booking form. Prices are subject to change and should be confirmed prior to booking. You should also check which excursions are included in the price of your holiday, together with the cost of single rooms and support.

2. WHAT IS INCLUDED Accommodation, travel from one of our set pick-up points (including cross-channel and flights where required), daily trips out (but not the cost of entrance fees unless specified), meals as specified. 24 hour support from experienced couriers restricted to basic needs such as help with water temperatures for baths and showers, assistance with hair washing and shaving, sorting (but not laundering) clothing. Support does not include provision for waking nights - if you require this please tell us before booking. Please see Sections 3-8.

3. SUPPORT Please contact us to discuss your support requirements for any daily, medical, dietary, mobility and communication support not covered in Section 2. 1:1 support can be arranged. It is essential that we are made fully aware of your support needs as failing to do so may result in understaffing and so restrict the activities in which you are able to take part. All supplements are payable in advance. All costs incurred as a result of laundering soiled and/or wet clothing and linen will be invoiced at the end of the holiday. Costs incurred through non-disclosure of support needs, inappropriate packing, excess baggage or failure to supply all required medication and personal hygiene products will be invoiced at the end of the holiday.

3a. MEDICAL SUPPORT It is essential that we are notified if you have the following conditions to ensure we can provide appropriate support: epilepsy, diabetes, asthma, heart and respiratory conditions. Please note that in the event of a medical emergency we will access services available locally and we do not provide medical assistance. All customers must

travel with a European Health Insurance Card for European holidays outside the UK. Please note that whilst a EHC Card covers most urgent medical costs this varies from country to country and some costs are likely to be incurred.

4. DIETARY REQUIREMENTS Please inform us in advance if you have a food allergy or intolerance, or special dietary requirements to ensure that we can cater for you. If you have complex dietary requirements a diet sheet or menu must be provided, together with all food items not readily available in your country of destination. There is a supplementary charge for some special dietary needs.

5. COMMUNICATION NEEDS Please make us aware when booking your holiday if you require support for Autistic Spectrum Disorder, visual, hearing or sensory impairment so that we can provide appropriate support. There may be a supplementary charge for some communication support needs.

6. COMPLEX NEEDS Some holidays are unsuitable for customers with complex needs. However we have vehicles and accommodation which are suitable for those with a combination of physical and learning disabilities. We are always happy to discuss your requirements and will do what we can to help.

7. CHALLENGING BEHAVIOUR Customers who display challenging behaviour should make us aware of their individual communication needs to ensure we can respond appropriately in all situations whilst on holiday. Please note that our holidays are not suitable for people who display physically challenging behaviour.

8. MEDICATION We are only able to hold customers' medication when supplied in purpose made dispenser wallets, where dosages are pre-measured with the correct combination and quantity of medication in each compartment. Please ensure that medication is clearly labelled, detailing the customer's name, the name of the medication, the condition to which the medication relates and the daily dosages with times and all other instructions. If you require us to hold Customers' medication please state this clearly on the booking form. We DO NOT accept medication in any other format.

9. INSURANCE You must buy appropriate travel insurance for your destination, including the UK, to come on a Bury Active holiday. We will need the name of your insurer, your policy number and your insurer's 24 hour helpline number before you travel with us.

10. BALANCE PAYMENTS The balance of your holiday cost is due no later than 60 days before departure (see Section 1). Please make cheques payable to Bury Active. A full itinerary will be sent to you approximately one week before departure. We reserve the right to charge a fee of up to £100 for late payments.

11. DIRECT PAYMENTS We are able to accept payments under the Direct Payments and Individual Budget schemes. Please speak to your social worker or primary care provider for advice.

12. DEPARTURE AND RETURN Prices include pick up from, and return to, designated meeting points which will be confirmed on your itinerary. Customers wishing to upgrade to our door-to-door service may do so for an additional charge. Spanish departure and return dates are subject to flight availability and may vary by up to 24 hours from those stated.

13. PASSPORTS It is the customer's responsibility to ensure they have valid travel permits, documents and passports with them at the time of departure. For holidays in the USA please speak to us about visa and passport requirements. Should a customer fail to provide the required documentation they will be refused travel and will incur the full cost of returning them to their home plus the cost of return travel and support charges for a courier. We are unable to provide refunds in these cases.

14. CANCELLATION In the event of cancellation for any reason the following non-refundable payments are due: cancellation more than 90 days before the start of the holiday - deposit only; cancellation between 90 and 60 days before the start of the holiday - 50% of the full holiday cost; cancellation between 60 and 30 days before the start of the holiday - 75% of the full holiday cost; cancellation less than 30 days before the start of the holiday - 100% of the full holiday cost

15. PACKING AND LUGGAGE It is essential that all customers travel with appropriate types and quantities of clothing, footwear, outdoor wear, toiletries, medication and personal/grooming items including towels and face cloths for their holiday.

IMPORTANT: LUGGAGE IS LIMITED TO 20KG PER CUSTOMER (unless otherwise stated on itinerary).

Partners: Annika, Kevin, Stacy & Sue



Don't forget...



...to bring your passport if you are travelling abroad or on a domestic flight



...to tell us about your full support needs before you book your holiday



...to bring your blue parking permit badge if you usually travel with one



...to ask for details of our loyalty scheme



...your toothbrush!



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